# JOANNA PARKER <br> Catering \& Events 

## Wedding Menu Pack

2023/24

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## Canapé Menu

## Cold

Quail eggs rolled in chili or fresh herbs
Chicken liver parfait on crostini with red onion chutney
Mini duck pancakes with plum sauce
Mini Yorkshire puddings with beef $\&$ horseradish cream
Croustades filled with crab, ginger \& lime in a light mayonnaise
Blinis with smoked salmon \& sour cream
Tiger prawns with avocado on crispy tortilla
Prawn cocktail in crisp pastry shells
Cucumber cups with smoked trout pate \& dill
Blinis topped smoked mackerel, beetroot \& horseradish cream
Mini Parmesan shortbread topped with soft goats' cheese $\&$ roast cherry
tomato - V
Tuna tartare with chili, lime \& coriander served on spoons
Olive bread crostini, red pepper \& humus tapenade - V
Crostini topped with white bean \& black olive pate, with sundried tomatoes VEGAN
Herby falafel balls with humus dip VEGAN
Soup shot of chilled Gazpacho or Vichyssoise - VEGAN

## Hot

Deep fried butterflied prawns with a lemon mayonnaise dip
Seared scallops on spoons with pea puree \& Parma ham crisp
Lamb koftas with mint yogurt dip
Fish \& chips in a mini cone
Honey \& mustard glazed cocktail sausages
Pork \& black pudding patties with pear mayonnaise
Chicken Satay with peanut dip
Thai crab cakes with a sweet chili dip
Salmon \& dill fishcakes with tartar mayonnaise
Deep fried arancini with tomato \& garlic chutney - V
Caramelized onion \& feta tartlets - V
Vegetable or Duck spring rolls with sweet chili dip - V
Soup shot of butternut squash or tomato \& basil - VEGAN
Courgette fritters with lemon mayo VEGAN

## Bowl Food Menu

A great way of serving your guests something a little more than canapés or do a mix of both!

## Bowl food is small dishes of delicious food

## Meat

1. Lamb \& apricot tagine with jewelled cous cous
2. Beouf Bourguignon with Dauphinoise potatoes
3. Beef stroganoff with sour cream and mash
4. Beef chilli with tacos $\&$ sour cream
5. Green or red Thai chicken curry with jasmine rice
6. Chicken korma with poppadum' s \& rice
7. Lamb kofta with cous cous and tzatziki
8. Bangers and mash with red onion gravy
9. Chicken \& chorizo pilaf
10. Lamb Biryani with raita
11. Pork and noodle stir fry with chilli and garlic

## Fish



1. Poached salmon with new potatoes \& watercress mayonnaise
2. Fish $\&$ chips with mushy peas
3. Fish pie with a sweet potato mash
4. Prawn curry with rice

## Vegetarian

Top left: Poached salmon with new potatoes \& watercress mayonnaise. Bottom: Vegetable tagine with jewelled cous cous.

1. Aubergine, chickpea and tomato curry with pilaf rice
2. Sweet potato risotto with a sage butter
3. Vegetable tagine with jewelled cous cous
4. Fusilli pasta with wild mushroom cream sauce \& Parmesan

A selection of sweet dishes available upon request
Please select your bowls and I will then price for you.
Recommendation: 4 bowls for a light bite and 6 bowls for a more substantial meal.

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Wedding Breakfast Menu

## Starters

1. Seasonal soup - ask for examples
2. Salad of honey roasted pears, Dolcelatte \& pecans - V
3. Tartlet of goat' s cheese \& roasted cherry tomato with herb leaf salad - V
4. Crispy Parma ham with mozzarella \& warm tomato dressing
5. Vine tomato \& Buffalo mozzarella salad with basil oil \& rocket - V
6. Tian of Cornish crab with tomato $\&$ avocado with a dill dressing
7. Classic prawn $\&$ crayfish cocktail with cucumber $\&$ dill
8. Smoked trout fillet with horseradish cream \& curly endive
9. Smoked salmon with beetroot salad and crème fraiche
10. Warm goats cheese salad with roasted vegetable and basil pesto - V
11. Chicken liver parfait with soda bread and cornichons
12. Fricassee of wild mushrooms on toasted brioche with a tarragon cream - V
13. Roast vegetable terrine with spiced chutney \& soda bread - V
14. Ham Hock terrine with apple chutney
15. Sharing Antipasti or Mezze platters - examples could include homemade humus, cured meats, Buffalo mozzarella, marinated vegetables, falafels.

## Served with artisan breads and butter

## Main Course

1. Rump of lamb with Salsa Verde, roast cherry tomatoes \& sauté potatoes
2. Roast fillet of lamb with fondant potato on a broad bean $\&$ pea puree
3. Herb crusted rack of lamb with Dauphinoise $\&$ ratatouille
4. Lamb shanks with cannellini beans $\&$ tomato stew, with creamy mash
5. Pork tenderloin on parsnip mash with caramelized apples
6. Roast sirloin of beef with Yorkshire puddings, balsamic onions \& rich red wine jus
7. Braised blade of beef with fondant potato \& roasted tomatoes, red wine jus
8. Beef fillet with wilted spinach, roasted vine tomatoes \& a mustard cream sauce
9. Roasted Gressingham Duck breast with cherries \& thyme on wilted Savoy cabbage
10. Roasted Gressingham duck on green beans with crushed potatoes \& a passion fruit sauce
11. Confit of duck leg with flageolet ragout \& celeriac mash
12. Roast breast of Guinea fowl with apple, cider cream sauce
13. Breast of chicken stuffed with goat' s cheese wrapped in Parma ham with a tomato $\&$ thyme sauce
14. Chicken supreme with tarragon velouté \& roast skin on potatoes
15. Breast of chicken on Puy lentils with a wild mushroom sauce
16. Roasted salmon fillet with wilted spinach, new potatoes \& aioli
17. Fillet of cod wrapped in Parma ham with asparagus \& vine tomatoes
18. Roast sea bass served with crushed new potatoes with a sauce Vierge
19. Haddock wrapped with spinach with a crème fraiche, chive $\&$ butter sauce
20. Wild mushroom lasagna - V
21. Roast butternut squash, spinach \& ricotta strudel with Salsa Verde - V
22. Aubergine roasted with harissa, served with yogurt sauce \& pomegranate - VE

## Served with seasonal vegetables \& potatoes

Feasting dishes for main course - three or four dishes per table works well

1. Slow roasted lamb leg with caramelized fennel \& cumin sweet potatoes
2. Jerk chicken, with red onion, orange, coriander salad, with rice
3. Parma ham wrapped chicken breast served with a tomato sauce, with chargrilled courgettes, peppers \& new potatoes
4. Filo tart of feta \& spinach served with Greek salad - V
5. Lamb \& apricot Tagine with jeweled cous cous
6. Beouf Bourguignonne served with dauphinoise potatoes
7. Carved platters of meat - sirloin beef, lamb leg, slow roasted pork served with vegetables \& roasted potatoes.

This just an example of things I can do but I have lots of other ideas and combinations.

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## Dessert

1. Chocolate brownie with Winston's Cotswold ice cream and warm chocolate sauce
2. Salted chocolate cheesecake with Cornish clotted cream
3. Chocolate mousse cake with raspberries $\&$ crème fraiche
4. Profiteroles filled with cream with chocolate \& caramel topping
5. Rhubarb crème brulee with a shortbread biscuit
6. Baked vanilla cheesecake with a strawberry compote
7. Sticky toffee pudding with toffee sauce \& Winston' s vanilla ice cream
8. Pear \& raspberry crumble with Cornish clotted cream
9. Poached spiced pears with Winston's Cotswold vanilla ice cream
10. Eton Mess - crush meringue, cream, strawberries \& fruit coulis
11. Shortbread stack with mixed berries and fruit coulis
12. A selection of Jolly Nice ice cream - in a brandy snap basket with fruit -choose three from the following (min of 8 pax) Flavours include: Madagascan Vanilla, Salted caramel, chocolate, rhubarb crumble, plum \& star anise, gooseberry \& elderflower these are just a sample of the selection that Jolly Nice produce
13. Local Gloucestershire cheeseboard with biscuits, grapes \& homemade chutney

Coffee, tea, fresh mint tea \& chocolates



## Fork Buffet Menu

## Cold Dishes

- Spinach roulade filled with prawns \& smoked salmon
- Fish platter - includes smoked trout fillet, smoked salmon, potted shrimps, prawns served with samphire \& lemon mayonnaise
- Fillet of salmon with watercress mayonnaise or avocado \& crème fraiche cream
- Chicken with mango \& cashew nuts in light curried mayonnaise
- Roasted chicken breast with Parma ham, basil and lemon aioli
- Tandoori chicken with Tzatziki
- Honey roasted Wiltshire ham with mango salsa
- Roasted topside beef with basil pesto
- Roasted fillet of beef with horseradish cream ( $£ 2$ per head supplement)


## Cold Tarts

- Pea, asparagus \& goats cheese tart - V
- Gruyere cheese \& leek tart - V
- Saffron crab \& coriander
- Salmon \& fennel
- Goats cheese \& red onion chutney - V
- Summer vegetable frittata - V


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## Hot Dishes

- Hot Fillet salmon marinade in chili, honey, and soy, served with coriander and lime
- Salmon \& spinach en croute (hot or cold)
- Luxury fish pie with creamy mash
- Slow cooked chunky chili with sour cream and tortilla chips
- Lamb tagine with apricots \& jeweled cous cous
- Slow roasted lamb with pomegranate \& mint
- Classic beef lasagna
- Shepherd's Pie
- Venison stew with juniper berries \& port
- Beef carbonnade with garlic croutons
- Coq au Vin
- Classic Cassoulet
- Chicken, ham, and leek puff pastry pie
- Aubergine Parmigiana - V \& VE
- Honey roasted vegetable lasagna - V
- Stuffed red peppers with spiced lentils \& feta - V

Select three from below hot, cold, or mixed
All the above served with warm new minted potatoes, mixed leaves, and artisan breads

## Salads

## Choose three salads or vegetables

1. French green beans \& mange tout with hazelnuts \& orange - V \& VE
2. Roasted vegetable salad - V \& VE
3. Classic homemade coleslaw - V
4. Roasted cauliflower with capers, cherry tomatoes \& dill - V, VE
5. Black \& red rice salad with broad beans, pistachio, apricots, and herbs - V, VE
6. Broad bean, feta $\&$ mint salad - V
7. Minted pea, soya bean \& green bean salad - V \& VE
8. Lemony fennel, chicory \& radish salad - V \& VE
9. Butterbean salad with sweet chili dressing and herb - V \& VE
10. Tomato \& red onion with lemon zest and lemon dressing - V \& VE

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11. Italian Panzanella bread salad - V \& VE
12. Penne pasta with fresh spinach, pesto \& pine nuts - V \& VE
13. Cous cous with griddled cherry tomatoes \& fresh herbs - V \& VE
14. Chickpea, vine tomato and parsley salad - V \& VE
15. Tabouleh (bulgur wheat with parsley, mint, lemon \& cucumber) - V \& VE
16. Wild rice \& quinoa with rocket \& pistachio nuts - V \& VE
17. New potatoes with sour cream, crispy bacon \& chives
18. Beetroot, potato, and dill salad - V \& VE

## Vegetables

1. Braised red cabbage
2. Roasted root vegetables
3. Seasonal steamed vegetables
4. Roast carrots with cumin \& honey
5. Dauphinoise potato
6. Mashed potato

## Dessert - choose 3

1. Raspberry \& rosewater meringue roulade
2. Pavlova with strawberries \& pistachio or mango \& kiwi
3. Orange \& passion fruit tart
4. Cardamom \& rosewater poached pears with vanilla ice cream
5. Chocolate mousse cake with raspberries $\&$ crème fraiche
6. Salted chocolate cheesecake with caramel drizzle
7. Cherry \& almond tart with clotted cream
8. Lime \& pistachio cheesecake
9. Summer pudding with thick cream
10. Vanilla cheesecake with strawberries
11. Ginger \& mascarpone cheesecake with fruit compote
12. Profiteroles with rich chocolate sauce
13. Lemon posset with lavender shortbread
14. Local Gloucestershire cheeses, with chutneys, grapes \& biscuits
15. Sticky toffee pudding with caramel sauce $\&$ vanilla ice cream


Top left: Penne pasta with fresh spinach pesto \& pine nuts; Roasted root vegetables.
Bottom left: Fillet of salmon with watercress mayonnaise. Top right: Roasted fillet of beef with horseradish cream.

## BBQ Menu

## Main - choose 3

1. A selection of local Gloucestershire sausages
2. Butterflied leg of lamb with a citrus marinade
3. Lemon \& saffron marinated chicken skewers
4. Minute sirloin steaks
5. Mint marinated lamb chops with yogurt dip
6. Garlic \& cumin spiced halloumi \& vegetable kebabs - V
7. Tiger prawns on skewers with a lime \& coriander marinade
8. Homemade burgers either lamb or beef
9. Spicy chicken drumsticks
10. Shish kebabs with peppers

## Salads - choose 3

## See fork buffet salad selection

Mixed leaves with French dressing, warm baby potatoes and Artisan bread included in price

## Dessert - choose 3

1. Raspberry \& rosewater meringue roulade
2. Pavlova with strawberries \& pistachio or mango \& kiwi
3. Orange \& passion fruit tart
4. Cardamom $\&$ rosewater poached pears with Jolly Nice vanilla ice cream
5. Chocolate mousse cake with raspberries $\&$ crème fraiche
6. Salted chocolate cheesecake with caramel drizzle
7. Bowls of mixed summer fruits with meringue kisses \& cream
8. Cherry \& almond tart with clotted cream
9. Lime \& pistachio cheesecake
10. Summer pudding with thick cream
11. Vanilla cheesecake with strawberries
12. Ginger \& mascarpone cheesecake with blueberry compote
13. Profiteroles with rich chocolate sauce
14. Lemon posset with lavender shortbread
15. Local Gloucestershire cheeses, with chutneys, grapes \& biscuits
16. Sticky toffee pudding with caramel sauce \& Jolly Nice vanilla ice cream


Cakes: Chocolate Brownies, Coffee and Walnut, Lemon Drizzle

Coffee, tea, fresh mint tea \& chocolates can be included in fork buffet and BBQ menus if required

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## Evening Food

The following alternatives are options to the more traditional finger buffet:

1. Pulled pork baps with apple sauce $-£ 5.00$
2. Bacon baps $-£ 4.50$
3. Sausage baguettes with mustard or caramelized onions $-£ 5.00$
4. Beef burgers with tomato relish and cheddar $-£ 6.50 \mathrm{y}$
5. Warm brie $\&$ cranberry baguettes - V - $£ 5.00$
6. Souvlaki with pitta bread and salad - $£ 6.50$
7. Chickpea falafel in flat bread with chili sauce and salad - V - $£ 5.00$
8. Harissa spiced lamb in flat bread with a yogurt mint sauce - $£ 6.50$
9. Cheese board or a cheesecake - served with chutneys, grapes, crackers \& breads from - $£ 5.00$
10. Cheese toasties - V - $£ 4.50$

## You could have a selection of two or three different items to offer you guests a choice?



Example of our sharing platter of Pate, Brie, Artichokes, Humus, Fig's and Sundried tomatoes served with crackers.

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You are very welcome to mix menus, I would then price accordingly

Food Allergies \& Intolerances - Please do let me know if any of you or your guests have any allergies and I can let you know the ingredients used

